

FEBRUARY
2024

FORSYTH COUNTY SCHOOLS

Elementary Winter Menu

For individual school's menu go to: www.mealviewer.com



Yellow highlights indicate GLUTEN-FREE option available. Speak with your cafeteria manager about receiving this option.

2 MONDAY	TUESDAY	WEDNESDAY	THURSDAY FEB 1	FRIDAY FEB 2
Lunch is served daily w/ a variety of fruits & vegetables & a variety of lowfat milk			•Cheeseburger or Hamburger (Gluten-Free Bun available)	•Homemade Chicken Noodle Soup & Grilled Cheese Sandwich (Gluten-Free bread available)
ALL Fruit and Vegetables are Gluten Free			•Chicken & Waffles	•Cheese or Pepperoni Wedge Pizza**
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)			Sandwich Entrée •Chicken Tender Wrap (Turkey&Cheese GF bun available)	
			•Buffalo Chicken Salad	
•Smuckers PB&J Chz stick, Cheez It** meal available daily				
3 MONDAY FEB 5	TUESDAY FEB 6	WEDNESDAY FEB 7	THURSDAY FEB 8	FRIDAY FEB 9
•Popcorn Chicken w/ WG Roll	•Nachos w/ Cheese** & Meat	•Cheesy Garlic Bread w/ Tomato Soup	•Breaded Chicken (Drumstick or Thigh) w/ WG Roll	•Asian Chicken Rice Bowl w/ Spring Roll
•Buffalo Chicken Tenders w/WG Roll	•Calzone w/Cheese** or Pepperoni	•Mini Chicken Sliders	•Beef Sticks w/ Gravy Dipping Sauce & WG Roll	•Pizza Cheese Stuffed Breadsticks w/ Fresh-made Marinara
Sandwich Entrée •Turkey & Cheese WG Sub (Gluten-Free Bun available)	Sandwich Entrée •Ham & Cheese Roll-up (Gluten-Free Bun available)	Sandwich Entrée •Yogurt/Muffin Munchable** (Turkey&Cheese GF bun available)	Sandwich Entrée •Ham & Cheese WG Sub (Gluten-Free Bun available)	(Turkey&Cheese GF bun available)
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)				
•California Chicken Salad	•Taco Salad /•Veggie Salad	•Chef Salad w/Ham	•Buffalo Chicken Salad	
•Smuckers PB&J, Chz stick, Cheez It** meal available daily				
1 MONDAY FEB 12	TUESDAY FEB 13	WEDNESDAY FEB 14	THURSDAY FEB 15	FRIDAY FEB 16
•Spaghetti w/ Meatballs & Meatless Sauce	•Nachos w/ Cheese** & Meat	•Bosco Cheese-Stuffed Breadsticks w/Fresh-Made Marinara	•Tyson Crispy Chicken Nuggets w/ WG Roll	STUDENT HOLIDAY
•Empanadas Chicken Enchiladas	•Mini Corn Dogs	•Brookwood BBQ Sandwich (Gluten-Free Bun available)	•Macaroni & Cheese Bowl w/ Toppings w/ WG Roll	
Sandwich Entrée •Buffalo Chicken Wrap (Ham & Cheese on GF bun available)	Sandwich Entrée •Turkey & Cheese Roll-up (Gluten-Free Bread available)	Sandwich Entrée •Yogurt/Muffin Munchable**	Sandwich Entrée •Ham & Cheese Sub (Gluten-Free Bread available)	
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)				
•Southwest Chicken Salad	•Taco Salad /•Veggie Salad	•Chef Salad w/Ham	•Buffalo Chicken Salad	
•Smuckers PB&J Chz stick, Cheez It** meal available daily				
2 MONDAY FEB 19	TUESDAY FEB 20	WEDNESDAY FEB 21	THURSDAY FEB 22	FRIDAY FEB 23
STUDENT HOLIDAY	STUDENT HOLIDAY	•Hot Dog on WG Bun (Gluten-Free Bun available)	•Cheeseburger or Hamburger (Gluten-Free Bun available)	•Homemade Chicken Noodle Soup & Grilled Cheese Sandwich (Gluten-Free bread available)
		•Lasagna Roll-up** w/ Garlic Breadstick	•Chicken & Waffles	•"The Max" Pizza Wedge (cheese** or pepperoni)
		Sandwich Entrée •Yogurt/Muffin Munchable**	Sandwich Entrée •Chicken Tender Wrap (Turkey&Cheese, GF bun available)	
		•Chef Salad w/Turkey	•Buffalo Chicken Salad	
•Smuckers PB&J Chz stick, Cheez It** meal available daily				

3 MONDAY FEB 26	TUESDAY FEB 27	WEDNESDAY FEB 28	THURSDAY FEB 29	FRIDAY MARCH 1
<ul style="list-style-type: none"> •Tyson Popcorn Chicken served w/ WG Roll •Buffalo Chicken Tenders served w/ WG Roll Sandwich Entrée <ul style="list-style-type: none"> •Turkey & Cheese WG Sub 	<ul style="list-style-type: none"> •Nachos w/ Cheese** & Meat •Calzone w/Cheese** or Pepperoni Sandwich Entrée <ul style="list-style-type: none"> •Ham & Cheese Roll-up 	<ul style="list-style-type: none"> •Cheesy Garlic Bread w/ Tomato Soup •Mini Chicken Sliders Sandwich Entrée <ul style="list-style-type: none"> •Yogurt/Muffin Munchable** 	<ul style="list-style-type: none"> •Breaded Chicken (Drumstick or Thigh) w/ WG Roll •Beef Sticks w/ Gravy Dipping Sauce & WG Roll Sandwich Entrée <ul style="list-style-type: none"> •Ham & Cheese WG Sub 	<ul style="list-style-type: none"> •Asian Chicken Rice Bowl w/ Spring Roll •Pizza Cheese Stuffed Breadsticks w/ Fresh-made Marinara
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)			(Gluten-Free Bun available)	(Turkey&Cheese GF bun available)
•California Chicken Salad	•Taco Salad /•Veggie Salad	•Chef Salad w/Ham	•Buffalo Chicken Salad	
•Smuckers PB&J Chz stick, Cheez It** meal available daily				
Vegetarian option** Vegetarian entree offered daily - check school for choices Availability of food, early release days and special school situations may require changes in menus without notice. This institution is an equal opportunity provider.				